

# Innovative models forsustainable future of Mediterranean pastoral systems

# **Regional Workshop - Living Lab**

*Condividere esperienze su innovazioni comuni Sharing experiences on common innovations* 

Gagliano Aterno, Anversa degli Abruzzi, (AQ) 26-27 March 2025



#### VALORIZATION AND LABELLING OF PRODUCTS A. Ivanković (UZ, CRO)







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# Introduction

- Gastronomic valorisation refers to the process of enhancing the value of food through culinary and cultural appreciation.
- In Croatia, this concept is particularly important due to the rich diversity of local animal breeds and their deep-rooted links to the country's culinary heritage.









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# Istria

- cheeses produced from: sheep, goat and cow milk
- pasteurized and raw (unpasteurized) milk
- majority of pastoral production systems
  - semi-pastoral systems
- more than 300 different plant species
- grazing usaully through entire year
- organic certificate









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# Pag cheese













# Regional Workshop - Living Lab Pag cheese

- PDO label from 2019
- high quality and taste won numerous awards at local and international competitions
- Hard
- Full-fat
- Granulated texture
- Pasteurized and raw milk
- Ripening : minimum 90 days
- up to 2 years extra old

more intense, "wilder" aroma and smell, more cheese holes





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100% sheep milk form Pag refined in wine must



Cow and sheep milk

min. 20% sheep milk cow and goat milk

OF CHEESEMAKERS

ELJ SIRARA OD 1918

SIT IZ KANDED AWARDED CHEESEMAKERS ... SIT IZ Kravljeg, kozjeg i ovčjeg mlijeka iz Dalmacije i Like Cow, goat and sheep milk from Dalmatia and Lika

LIBUR







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50% sheep:50% goat milk



Cheese that ripens in wood ash



Cheese refined in maraska cherries







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# **Cheese in skin sack**

- skin sack lamb or kid (goat)
- Dalmatian region
- originaly made from sheep milk
- also cow and goat milk or combination
- curd 10x10x5 cm salted and filled into skin sack
- 30 €/kg
- intensive aroma and taste
- ripening = 45 days
- 18-20°C, 65-80% relative humidity



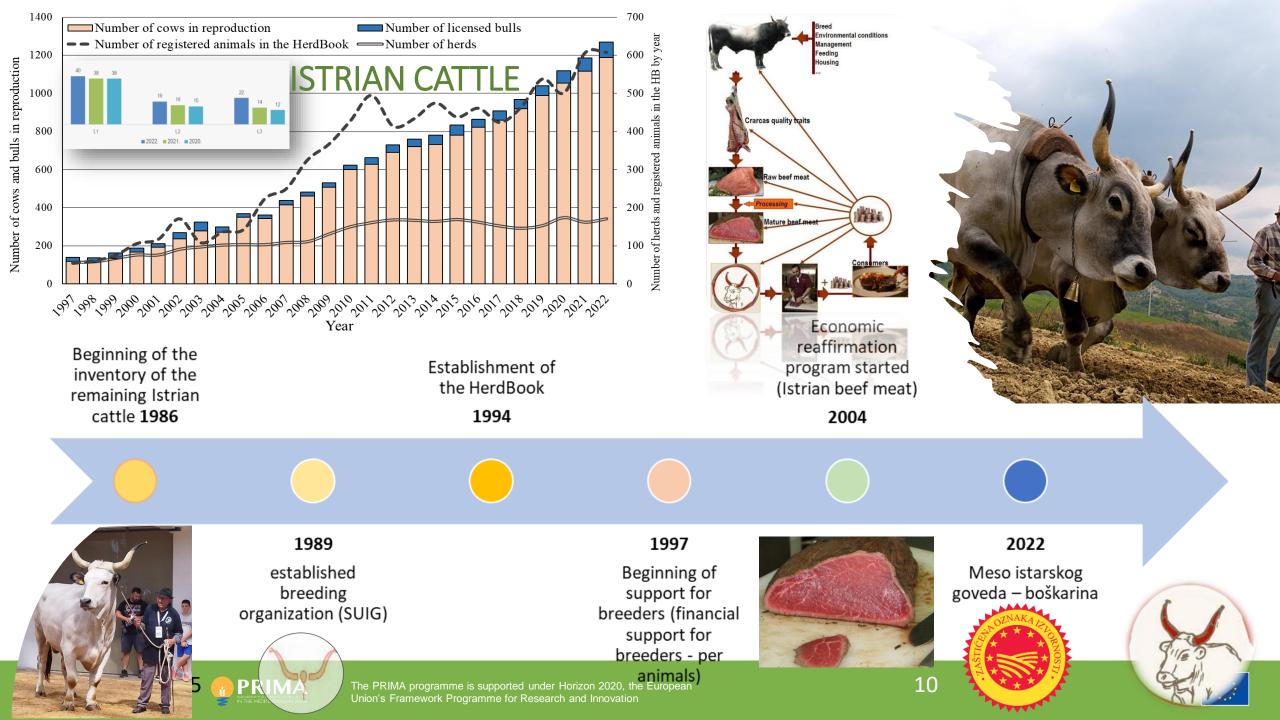












# Regional Workshop - Living Lab ISTRIAN BEEF MEAT

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- Meat characterized by its rich flavor, tenderness, and marbling, which is increasingly sought after in gourmet circles.
- By promoting and utilizing Istrian cattle meat in culinary endeavors, Croatia can support local farmers, and preserve an important element of its agricultural heritage.





#### Slaughterhouses Butchers

Restaurant









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# Regional Workshop - Living Lab BUŠA BEEF MEAT

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- Renowned for their ability to thrive in harsh, mountainous environments can produce lean, flavorful meat with a distinct taste that reflects their natural diet.
- The meat's high protein content and lower fat levels make it a healthy choice for consumers.
- Promoting the use of Busha meat in local and international cuisine supports the conservation of this endangered breed, ensuring its continued contribution to the region's biodiversity and culinary landscape.







# Pag sheep – lamb meat

- Pag Island, located in the northern Adriatic Sea, is known for its rocky terrain, aromatic herbs, and mineral-rich pastures.
- These unique environmental conditions contribute to the distinctive flavor of Paška janjetina.
- The lambs graze on aromatic herbs and grasses, infused with salt carried by the Adriatic winds, imparting a distinctive flavor to the meat meat is tender, juicy, and has a distinctive flavor, thanks to the lambs' diet of wild herbs and salty grasses.
- This natural diet, combined with traditional rearing methods, results in lamb that is both flavorful and rich in nutrients, with a good balance of fat and protein.









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# **Black Slavonian pig**

- The meat of the black Slavonian pig is known for its rich flavour, marbling and tenderness. The extensive rearing methods, which include foraging and a natural diet, contribute highquality, flavourful meat.
- Meat is darker in colour and has a higher fat content than that of industrially reared pigs.
- Kulen (spicy sausage)
- Čvarci (pork cracklings)
- Smoked hams and sausages
- Prosciutto







https://www.gloria.hr/gl/scena/novosti/odusevio-gledatelje-domagoj-vida-ispricao-je-sve-o-svojoj-farmi-crnih-slavonskih-svinja-15292445

https://www.zagorje-international.hr/







# Regional Workshop - Living Lab Chicken meat

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- Kopun, or capon, is a traditional Croatian delicacy renowned for its tender and flavorful meat.
- A kopun is a rooster that has been castrated at a young age, resulting in slower growth and the development of exceptionally tender, richly flavored meat.
- The texture and taste of kopun meat are superior, often described as more flavorful and juicier than that of regular chicken.







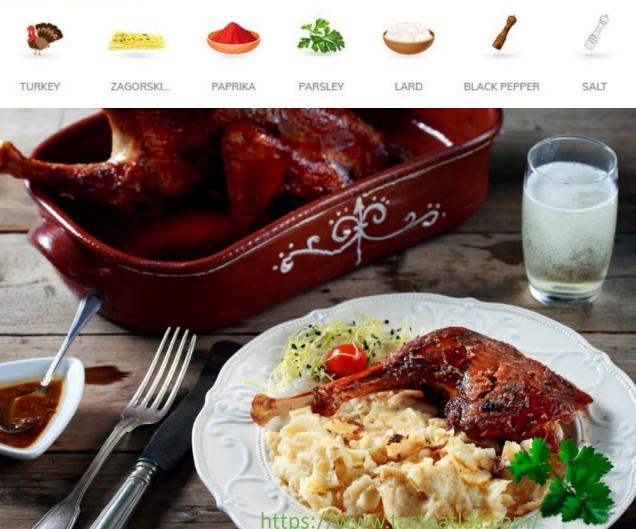


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# Zagorje turkey

- Robust flavor, tenderness, and juiciness
- The free-range farming practices and natural diet
- High nutritional value, rich in protein and low in fat..
- Flavorful option for both everyday meals and festive occasions.

#### MAIN INGREDIENTS









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PASTINNOVA

